

## Overview

MySaskHealthRecord is a secure website that enables Saskatchewan citizens to quickly and easily access their personal health information. Those who sign up will be able to access their information such as laboratory test results, medical imaging reports, and clinical visit history (displayed as inpatient, outpatient or emergency visits to a health care facility) from across the province. All personal information in MySaskHealthRecord is stored securely and can only be accessed through a highly secure, personalized login.

Each patient will have the ability to collect and track health information from a variety of data sources in their MySaskHealthRecord account. Each data source type will display as a distinct color to differentiate where the information came from. The three data source types are:

- Provincial Health Data (Green) – Clinical data as collected from facilities with information systems that share data to the provincial repository. This includes data for clinical visit history, laboratory test results, and medical imaging reports.
- Device Entered Data (Orange) – Patients can connect their personal health and fitness applications or devices, such as an activity tracker or blood glucose monitor, to sync and upload data into their MySaskHealthRecord.
- Self-Entered Data (Yellow) – Patients can manually enter in their own personal health information such as allergies, surgical history, emergency contacts, etc. for their own tracking purposes.

A disclaimer is displayed throughout indicating that the health information in MySaskHealthRecord is for patients' information only, and should not be interpreted as medical advice or used for self-diagnosis.

## Information within MySaskHealthRecord

### MySaskHealthRecord Homepage

The MySaskHealthRecord homepage provides patients with a quick overview of their health history. It includes a quick snapshot of patients' recently added provincial health data, the ability to subscribe to email notifications when new data is available, as well as quick links to key clinical data domains.

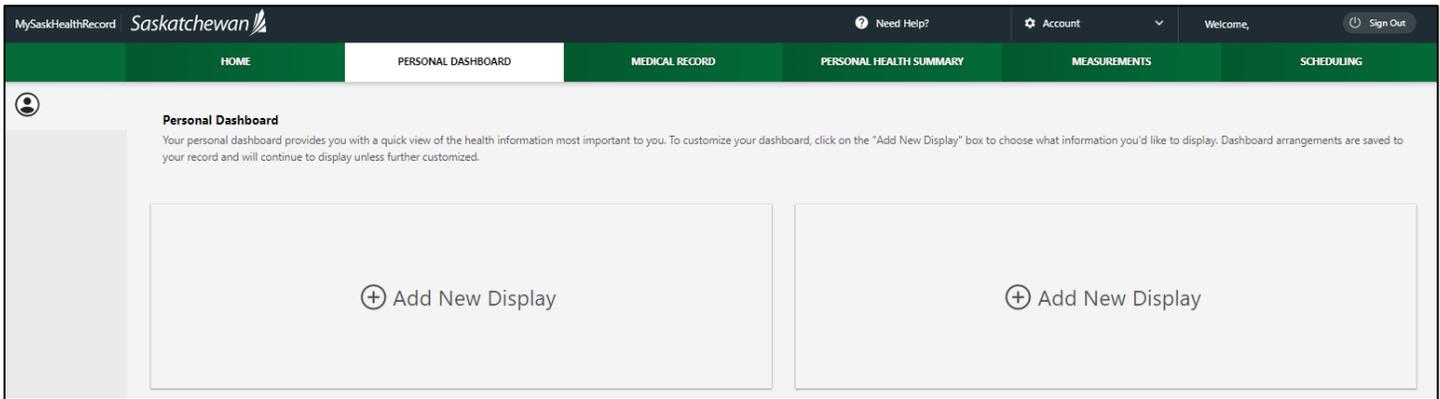
The screenshot shows the MySaskHealthRecord homepage with the following elements:

- Navigation Tabs:** HOME, PERSONAL DASHBOARD, MEDICAL RECORD, PERSONAL HEALTH SUMMARY, MEASUREMENTS, SCHEDULING.
- Welcome Message:** MySaskHealthRecord gives you instant access to your medical information and personal health records. To help you get started, please select from one of the icons below to view or enter your data.
- Quick Access Icons:** Clinical Visit History, Laboratory Test Results, Medical Imaging Reports, Immunization History, Prescription Fill History.
- Recently Added Data Table:**

Date	Item
2019-06-04 8:41 AM	Clinical Visit
2019-06-04 8:34 AM	Clinical Visit
2019-06-04 8:19 AM	Lab Results
2019-06-04 8:11 AM	Lab Results
2019-06-04 8:04 AM	Lab Results
- Warning:** The health information on the MySaskHealthRecord site is for your information only, and should not be interpreted as medical advice or used for self-diagnosis.
- Did you know?:** You can print off a copy of your Personal Health Record by going into Account drop down and selecting from Files & Reports.
- New User?:** MySaskHealthRecord Terms and Conditions.
- Quick Tip:** To view last login information, go into the "Account" drop down and press "Files & Reports". Once on the page, look for "Record History Report" or click [here](#).
- Email Notifications for Provincial Data:** You have not elected to receive digest e-mails, yet. To get started in receiving updates on your health, click the button below. [Subscribe](#)

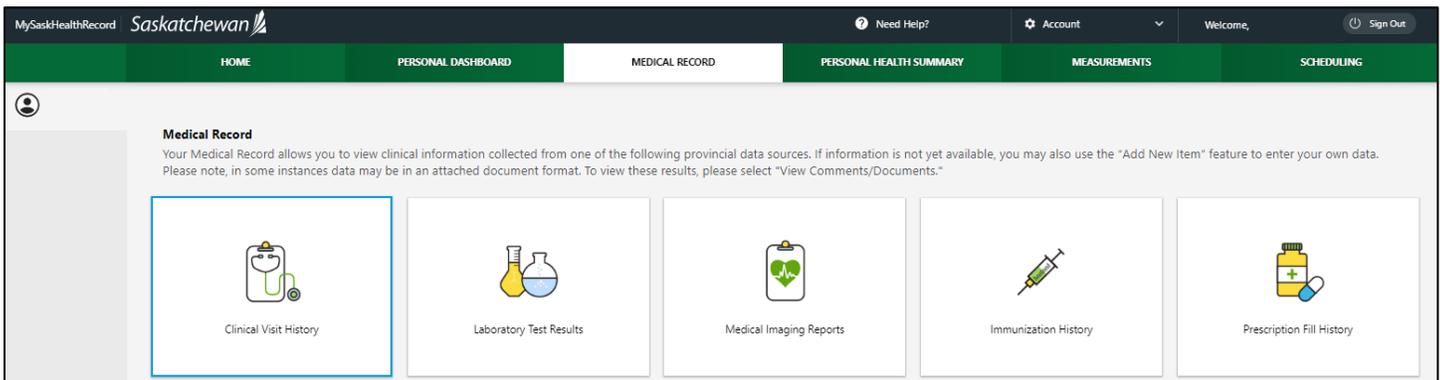
## Personal Dashboard

The personal dashboard provides patients with a quick view of the health information most important to them. They can customize their dashboard to choose what information they would like to display. This information is saved on their personal dashboard unless they wish to further customize.



## Medical Record

The medical record section provides clinical information sourced by the provincial repositories as well as data entered by patients themselves.



Information regarding the five primary data domains in MySaskHealthRecord are as follows:

- Clinical Visit History

Clinical visit information as provided by the registration systems (e.g. WinCIS, SER, etc.) used in health care facilities, with the majority being acute care facilities and hospitals. The clinical visits displayed include visits related to inpatient, outpatient, or emergency services, and will include the attending providers' name if available. Providers' notes regarding these visits will not be available, but patients are able to manually enter comments if desired. An example of the information displayed in MySaskHealthRecord is below:

### Clinical Visit History

Clinical visit information is provided by the registration systems that are used in health care facilities, with the majority being acute care facilities and hospitals. The clinical visits displayed can include visits related to inpatient, outpatient or emergency services.

**Data Source**  
 Provincial  Self-Entered

**Date Range**  
 All

[Add New Item](#)

Registration Type	Location	Provider	Admission Date	Discharge Date	Status	Comments
Inpatient	Yorkton Regional Health Centre		2019-06-04 2:39 PM		In Progress	<a href="#">Add Comment</a>   <a href="#">View Comments</a>
Outpatient	Victoria Hospital		2019-06-04 2:32 PM		Finished	<a href="#">Add Comment</a>   <a href="#">View Comments</a>
Emergency	Lloydminster Hospital		2019-05-31 3:29 PM	2019-05-31 5:08 PM	Finished	<a href="#">Add Comment</a>   <a href="#">View Comments</a>

- Laboratory Test Results**

Finalized and/or amended general laboratory, blood bank, microbiology, and pathology information will be available as collected from Saskatchewan Health Authority laboratories and Roy Romanow Provincial Lab. Results will be displayed as collected from the source systems, including any reference ranges or notes, and may be in a PDF or attached document format. An example of the information displayed in MySaskHealthRecord is below:

### Laboratory Test Results

Laboratory results are provided by the Saskatchewan Health Authority lab information systems. The results displayed include general tests ordered by your health care provider.

**Data Source**  
 Provincial  Self-Entered

**Date Range**  
 All

[Add New Item](#)

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**Date**  
2016-01-06 3:18 PM [Add Comment](#) [View Comments/Documents](#)

**Ordered by**  
STEWART, ROD

**Ferritin**

Test Name	Test Result	Reference Range	Notes
Ferritin	10,000 ug/L	10-200	

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**Date**  
2017-10-19 6:00 AM [Add Comment](#) [View Comments/Documents](#)

**Ordered by**  
LENNON, JOHN

**Urine; Culture**

- Medical Imaging Reports

Finalized and/or amended diagnostic reports as collected from the Saskatchewan Health Authority and select private radiology organizations. Medical imaging reports will be displayed as collected from the source systems in an attached document format, and will not include any images. An example of the information displayed in MySaskHealthRecord is below:

**Medical Imaging Reports**

Medical Imaging reports are provided by the diagnostic imaging systems that are used in hospitals, primary care centers and private diagnostic imaging facilities.

**Data Source**

Provincial Self-Entered

**Date Range**

All

**Add New Item**

Date	Provider	Exam Type	Comments/Related Info
2019-05-31 8:38 PM	Singh, Manmeet	DX Abdomen 1 View	<a href="#">Add Comment</a>   <a href="#">View Related Items</a>

- Immunization History (Coming Soon)

Immunization history allows patients to enter and track immunizations received through public health offices, primary care offices, pharmacies, etc. Once available, patients will also receive immunization information as collected from the Panorama source system.

- Prescription Fill History (Coming Soon)

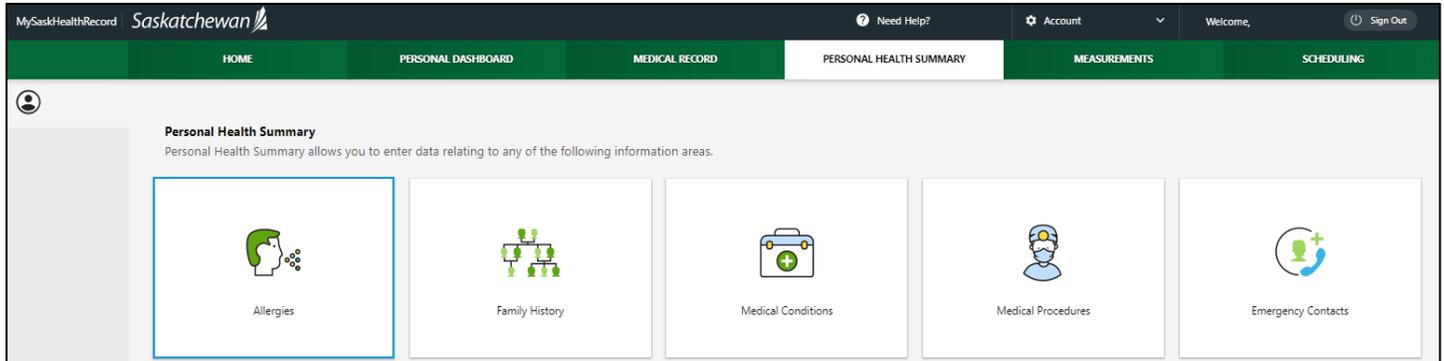
Prescription fill history allows patients to enter and track their prescribed medications, over the counter medications, supplements, etc. Once available, patients will also receive medication information as collected from the Pharmaceutical Information Program (PIP).

Please Note:

- Patients cannot delete or modify any of the provincially sourced information. They can, however, modify or delete information that was entered themselves or uploaded from a device.
- A “Report an Error” link has been added to every page that contains provincially sourced information. In the event a patient believes their health information is either incorrect or does not belong to them, they can report the issue using the online submission form at eHealthSask.ca. Once submitted, the MySaskHealthRecord support team will investigate the issue and work with the appropriate privacy and source system teams. All reported incidents will be documented for auditing purposes.
- Any corrections or updates to the patient information or results from the source systems will lead to a corresponding correction or update to the information in MySaskHealthRecord.

## Personal Health Summary

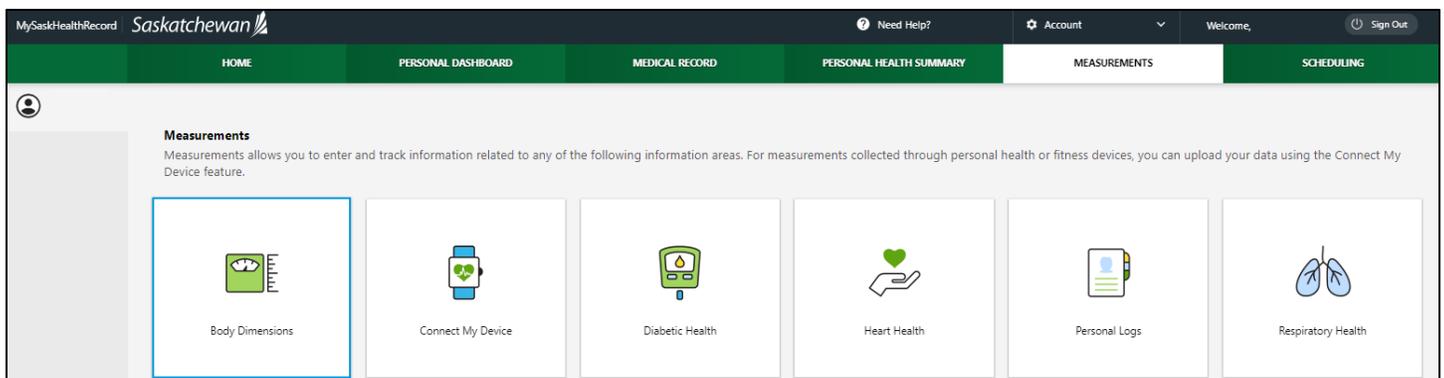
The personal health summary section allows patients to manually enter their data in any of the following sections:



- Allergies
  - Patients can document and track allergies and intolerances affecting their personal health
- Family History
  - Patients can enter family history medical conditions
- Medical Conditions
  - Patients can enter diagnosed conditions and current prepared treatment plans
- Medical Procedures
  - Patients can track completed medical procedures and surgical history
- Emergency Contacts
  - Patients can record and maintain a list of emergency contacts

## Measurements

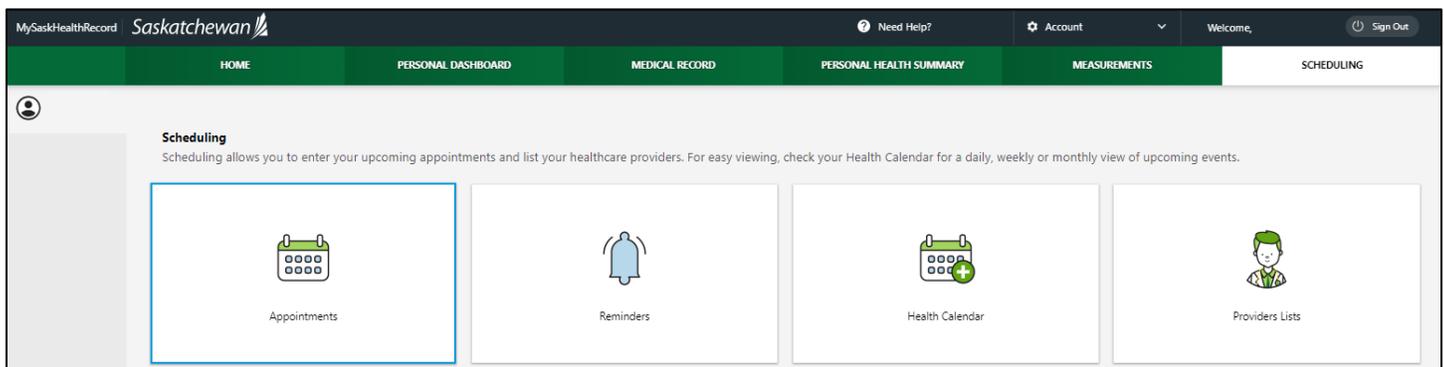
Patients can manually enter and track data within the measurement section of MySaskHealthRecord. For measurements collected through personal health or fitness devices, patients can upload their data using the Connect My Device feature.



- Body Dimensions (Height, Weight, BMI)
  - Patients can monitor and keep their BMI levels in check by entering their height and weight measurements
- Diabetic Health (Blood Glucose, HbA1C)
  - Patients can enter their blood pressure and blood glucose to ensure they are within their target range
- Heart Health (Cholesterol, Blood Pressure)
  - Patients can track their blood pressure, pulse and cholesterol to monitor their cardiac health
- Personal Logs (Exercise, Dietary, Sleep)
  - Patients can track their exercise, diet, and sleep patterns for a complete health record
- Respiratory Health (Asthma, Peak Flow Measurements)
  - Patients can list their asthma inhaler medications, log inhaler use, enter blood oxygen saturation values and document peak flow measurements

## Scheduling

The scheduling section of MySaskHealthRecord allows patients to enter their upcoming appointments and list their health care providers.



- Appointments
  - Patients can track upcoming appointments or past appointments including the reason for the appointment and set a reminder
- Reminders
  - Patients can set individual or recurring email reminders to stay on top of their medications, etc.
- Health Calendar
  - Patients can view upcoming health related events within their health calendar
- Provider Lists
  - Patients can record and maintain a list of their health care providers

### Please Note:

- All patient entered health information such as allergies, medical conditions, appointment reminders, information uploaded from health devices, etc. will remain in MySaskHealthRecord and not be sent to other health information systems.

## How to Register for MySaskHealthRecord

Go to the eHealth Saskatchewan's website, [eHealthSask.ca](http://eHealthSask.ca), and select MySaskHealthRecord for more information.

## MySaskHealthRecord Support

Health care providers and patients can use any of the following support channels:

- Go to the eHealth Saskatchewan's website, [eHealthSask.ca](http://eHealthSask.ca), for more information on MySaskHealthRecord. Providers can access provider specific support tools from the Health Care Providers section.
- Message the online assistant on the MySaskHealthRecord page on [eHealthSask.ca](http://eHealthSask.ca).
- Call the eHealth Saskatchewan Service Desk at 1-844-767-8259

If you would like to provide feedback, or suggest additions and improvements, please go to the Contact Us page at [eHealthSask.ca](http://eHealthSask.ca) and fill out the online support form (Select the "General Feedback" option under the "Reason" drop-down menu).